

# Patrick Kabuye, M.S., Kinesiology & Sports Studies

Director & Founder – Get Fit With Patrick Inc.,.

## Education Background

- Master of Science, Kinesiology & Sports Studies
- Bachelor of science, Kinesiology & Sports Studies

## Fitness Certifications

- Certified Fitness Personal Trainer
- NSCA Certified Personal Trainer
- Personal Trainer & Conditioning Coach – 15+ Years

## Soccer Coaching Qualifications

- Attended UEFA “A” License in Wales
- Certified USSF “A” License Coach
- Certified NSCAA Director of Coaching Diploma

## Playing Experience – 20+ Years

- Ugandan International Youth Player
- USA Division 1 College Soccer
- Semi-Profession (Africa-USA & Germany)

## Coaching Experience – 20+ Years

- Uganda Football Clubs & Schools
- ODP Teams & Club Soccer
- USA Youth Soccer Teams

## Research Graduate College Work

“Prevention of Soccer Injuries Through Pre-season Conditioning”

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Website: [www.TheGetFitWithPatrick.com](http://www.TheGetFitWithPatrick.com)

Email: [pkabuye@hotmail.com](mailto:pkabuye@hotmail.com)

Tel: 706.755.1082

